As a Direct Primary Care doctor, you have a big hill to climb. The job is not easy. It is an uncertain world that can be as scary as it is gratifying. *The Direct Primary Care Doctor’s Daily Motivational Journal* helps you in this endeavor by using the old-fashioned, pen-and-paper method allowing you to brainstorm, concentrate and gather your thoughts. Just fifteen minutes each morning with DPC specific questions may just be the thing you need to be the doctor you always wanted to be in the practice you always wanted to have. But there is a secret. You can’t be told what to think or believe. You must work through the process and find the answers yourself. That is what this book is for.

**What other DPC Docs are saying about *The Direct Primary Care Doctor’s Daily Motivational Journal*:**

*"Starting a Direct Primary Care practice is one of the most rewarding and challenging tasks a doctor may take on in their professional life. Dr. Farrago's workbook provides another tool to help new DPC docs utilize their inner mentor to help achieve their goals, both professionally and personally."*

*Kylie Vannaman MD, Direct Primary Care Doctor/Co-founder Health Suite 110*

*I don't want my DPC practice to be good. I want it to be excellent, which means I must always strive to improve. This book is how I intend to keep my practice and my business from stagnating. Doug Farrago is a great doctor, author, inventor, husband, and father, and sometimes manages to be halfway funny. He is one of those people who just keeps doing amazing things, and makes people like me frustrated wondering "how can he do SO MUCH STUFF?" With this journal he has shared one of his secrets to success with those of who are mere mortals.*

*Vance Lassey, MD. Owner of Holton Direct Care*